Learning Styles

Visual Modality - A Visual Learner

- Learns by seeing and by watching demonstrations
- Likes visual stimuli such as pictures, slides, graphs, demonstrations, etc.
- Conjures up the image of a form by seeing it in the "mind's eye"
- Often has a vivid imagination
- Often stares
- Needs something to watch
- Is often quiet and does not talk at length
- Becomes impatient or drifts away when extensive listening is required
- Prefers the visual arts and media

Haptic Modality - The Haptic Learner

- Likes a "hands-on" approach to learning
- Involves the sense of touch in learning
- Likes to do artwork
- Likes to piece things together
- May be fond of doodling
- Likes to trace words and pictures
- Is often seen "fiddling" with something
- Is successful with tasks requiring manipulation

KINAESTHETIC Modality - The KINAESTHETIC Learner

- Learns by doing, direct involvement
- Often fidgets or finds reasons to move
- Is not very attentive to visual or auditory presentations
- Wants to be "doing" something
- Tries things out and likes to manipulate objects
- Gestures when speaking
- Is often a poor listener
- Responds to music by physical movement
- Often finds success in physical response activities
- Learns better when able to move during learning
- Likes to move hands (doodling, tapping,) while learning
- Uses movement to help concentrate

- Olfactory Modality - The Olfactory Learner
- Learns best though the sense of smell and taste
- Smells have a special significance
- Associates a particular smell with specific past memories
- Is frequently able to identify smells
- Finds that smells add to learning

Print Modality - A Print Oriented Learner

- Often takes notes
- May like to write on the blackboard
- Remembers quickly and easily what is read
- Learns better after seeing or writing something
- Is often perceived as a "bookworm"
- Grasps important concepts on first reading of material
- Loves to read books, journals, magazines

Interactive Modality - The Interactive Learner

- Learns best through verbalization
- Often hums or talks to self or others
- Usually is not quiet for great lengths of time
- Often talks at length...just to hear him/herself talk!
- Likes to use other people as a sounding board
- Enjoys question/answer sessions
- Finds small group discussions stimulating and informative
- Prefers to discuss things with others

Aural Modality - An Aural Learner

- Tends to remember and repeat ideas that are verbally presented
- Learns well through lectures
- Is an excellent listener
- Can reproduce letters or words by hearing them
- Likes to talk
- Enjoys plays dialogues, dramas
- Can learn concepts by listening to tapes
- Enjoys music
- Can repeat or fulfil verbal instructions